**Safety & Your Child**

**0 - 8 months**

**YOU AND YOUR BABY**

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**I Can Fall!**

Very young babies roll over and will fall off beds and settees.

You must stop me getting hurt - as I can’t stop myself.

**Accidents to watch out for**

I can get scalded by:

**Bath Water**

Test the temperature first with your wrist or elbow. **Never** leave me alone in the bath, even for a second.

**Hot Food**

If you use a microwave to heat my baby food or milk, take care. Always shake the bottle or stir the food. Test the temperature before feeding.

**Tea and Coffee**

Scalds are very common. I may knock mugs and cups while you cuddle me.

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**I Can Choke**

40 babies die each year this way.

Don’t leave me alone to feed with my bottle or food. Always hold the bottle yourself when I feed.

Small things - stones, buttons and fluff will choke me. Nappy sacks - always keep nappy sacks and other plastic bags and wrapping away from babies and young children. **Never** place nappy sacks in a baby’s cot or pram.

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**Look in my fist**

Have I picked something up?
I don’t want to be hurt in a car accident
Always use my car seat. The law says I need to have and use a car seat, everytime I ride in the car.

For advice visit your nearest car seat supplier or go to: www.thinkroadsafety.gov.uk