The SunSmart Campaign is funded by the UK Health Departments

You may not be able to see the skin damage and ageing straight away but it’s there. Every minute you spend on a sunbed you are paying to damage your skin.

www.sunsmart.org.uk

Using a sunbed before the age of 35 increases your risk of developing skin cancer by up to 75%

The simple fact that your skin has changed colour is a sign that it has been damaged

If you have fair skin, lots of moles or freckles, or burn easily, you have an even greater risk of damaging your skin

Using sunbeds will age your skin

You are paying to damage your skin.

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