Arrive Alive

A Highway Code for Young Road Users
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This book belongs to:

REMEMBER
Always plan your journey
Make sure you know where you are going
Choose the safest route
Leave yourself plenty of time

This booklet has been specially written for you and contains advice to keep yourself and others safe on the road.
**When Walking...**

- Where there is a pavement or footway, use it.
- Where there is no pavement, walk on the right hand side of the road to face the traffic coming towards you.
- Walk one behind the other at bends in the road or at night or if there is a lot of traffic.
- Take special care if you can’t see the road very far ahead.
- Take care when crossing cycle lanes on the road, cyclists may be travelling quietly but may be faster than other traffic.
- If you are looking after somebody younger than you, always hold their hand when using the road.

**Be Safe BE SEEN**

- Always wear brightly coloured clothing at night or in bad weather. Fluorescent materials are good. They show up in daylight and at dusk. Reflective materials are good at night.
The Green Cross Code is a guide for everyone showing you how to cross the road safely.

1. THINK FIRST
   Find the safest place to cross, then stop.
   If possible, cross the road at:
   subways, footbridges, islands, Zebra, Pelican and traffic light crossings
   or where there is a police officer, school crossing patrol or traffic warden.

   If you can't find any good crossing places like these, choose a place where you can
   see clearly along the roads in all directions, and where drivers can see you. Never
   cross on sharp bends or just before the top of a hill.

2. STOP
   Stand on the pavement near the kerb
   Give yourself lots of time to have a good look all round.
   Stand a little way back from the kerb - where you will be away from traffic, but where you can still see
   if anything is coming.
   If there is no pavement, stand back from the edge of
   the road but where you can still see traffic coming.

3. USE YOUR EYES AND EARS
   Look all around for traffic and listen
   Look in every direction. Listen carefully because you can sometimes hear traffic before you can see it.

4. WAIT UNTIL IT'S SAFE TO CROSS
   If traffic is coming, let it pass.
   Do not cross unless there is a safe gap and you are sure there is plenty of time.
   If you are not sure, don't cross.

5. LOOK AND LISTEN
   When it is safe, walk straight across the road
   Always walk across, never run.

6. ARRIVE ALIVE
   Keep looking and listening for traffic while you cross.
PARKED VEHICLES
Try not to cross between parked cars.

But if there is nowhere else to cross:
- Choose a place where there is a space between two cars and make sure that it is easy to get to the other side of the road.
- Make sure neither car is about to move off – look for drivers in the cars, lights and listen for engines.

- Walk to the outside edge of the cars and stop. Here you can be seen by drivers and you can look all round for traffic.
- Use the green cross code. When it is clear, cross, still looking and listening as you go.

USING A CROSSING WITH TRAFFIC LIGHTS
Some pedestrian crossings have a red and a green man.

- Push the button and wait where you can see the signal and the traffic.
- Once the green man shows and the traffic has stopped you can start to cross. There may be a bleeping sound at this time. You should still keep looking for traffic while you cross.
- Do not start to cross if the green man is not showing. When the green man disappears there could be:
  - A flashing green man opposite
  - A red man signal opposite
  - No signal opposite

REMEMBER
- Some green men will only work if a pedestrian is waiting by the push button.
- You may have to wait a little time. Be patient!
- Cross the road quickly between the studs. Do not run.
- Some crossings have an island in the middle of the road. Treat each half of the crossing as a separate crossing; press the button and wait for the green man.