Be Safe With Huggy

A Safety Information and Activity Booklet for Parents and Children
Accidents Needn't Happen

But accidents do happen. And they are most likely to happen to children. Every year some 600,000 children aged from a few months to 4 years are hurt badly enough at home to have to go to hospital. But your child doesn’t have to be one of them. The sad fact is that most of these accidents are preventable. This booklet shows how.

Over the next few pages you will find:

Details of the accidents most likely to happen to your child.

How to avoid these accidents.

First aid advice in case of emergency.

And most important of all: activity pages for you to complete with your child.

These pages are designed to help you to talk about safety in a way that your child will understand - and act upon.

The world looks very different when you’re only a few feet high. Not only is everything big, it’s also exciting. The child wants to explore - to touch, to taste and to smell. He doesn’t know what is dangerous. You do.

Look at the picture and see if you can spot at least 10 hazards a toddler would encounter in this sitting room.
Avoiding Falls

Board up horizontal banisters: a toddler can climb up and fall over or slip through.

Teach children to put toys away: being tidy will reduce the risk of falls to themselves and others.

Fit all upstairs windows with safety locks (but keep the keys in a secure place in case of fire).

Use a safety gate or barrier on the stairs - top and bottom!

Never put a baby bouncer on a table or chair - keep it on the floor.

Always use a full safety harness on a highchair or pushchair, even if it’s just for a moment.

Humpty Dumpty Sat on a Wall
Humpty Dumpty Had a great fall
All the king’s horses
And all the king’s men
Couldn’t put Humpty together again

A picture for you to colour.
Avoiding Scalds and Burns

Use a coiled flex on your kettle to stop it dangling. Water in kettles stays hot enough to scald a child for up to an hour after boiling.

Put the iron away after use and never leave the flex dangling.

Use the back rings on your cooker and keep saucepan handles turned inwards.

Don't hold hot drinks with a child on your lap... or carry them over a child's head.

Always put cold water in the bath first, then hot.

Use a full sized fireguard over a gas, electric or open fire (small fingers can reach through an ordinary wire grille).

Polly put the kettle on
Polly put the kettle on
We'll all have tea

Join up the dots to see if you can find Polly. Then look at these two pages and see if you know which things may be hot to touch.
Avoiding Poisoning

Keep medicines and pills out of sight and reach of children, preferably locked away in a cupboard. Make sure that elderly visitors do the same with any medicines they bring with them.

Store medicines in the kitchen - not the bathroom or bedroom - where you can keep a close watch on them.

Keep household and garden chemicals in their original bottles - never transfer them to lemonade or squash bottles and keep them out of sight and reach of children. Always look for containers with child resistant caps.

Never give an empty household chemical container to your child to play with or make things with.

Don't use industrial chemicals at home - they are usually far more concentrated than household ones.

If all the world were paper
And all the sea were ink
If all the trees were bread and cheese
What should we have to drink?

It's enough to make a man like me
Scratch his head and think

Join up the dots to find the ink. Which things on this page can you eat safely?