unwell? unsure?

NHS Direct
Free, confidential expert advice. Available all day, every day. Tel.
0845 4647
www.nhs.uk

feverish child? vomiting?

Your GP
Get in touch with your doctor’s surgery. Most surgeries now open for longer hours.

When your GP surgery is closed you can still get help from a doctor. Tel:
0118 936 5390

Choose well.
Think twice before you go to A&E

NHS Berkshire East

Walk-in Health Centre
Slough
Upton Hospital
Albert Street  SL1 2BJ
Tel: 01753 635505
Opening hours:
0800-2000 every day

Urgent Care Centre
Maidenhead
St Mark's Hospital
St Mark's Road  SL6 6DU
Tel: 03000 24 2000
Opening hours:
Mon-Fri: 0830-1700
Sat / Sun / bank holidays: 0900-1300
PLEASE CALL FIRST

Minor Injuries Unit
Ascot
Heatherwood Hospital
London Road  SL5 8AA
Tel: 01344 877805
Opening hours:
0800-2200 every day
PLEASE CALL FIRST

For minor injuries or illness choose one of these three local options instead of A&E