Further information please contact:
Out of Hours Team Manager
St Benedict’s Hospice
Monkwearmouth Hospital
Newcastle Road, Sunderland. SR5 1NB
Telephone: (0191) 541 0055
www.hospice.co.uk

NHS South of Tyne and Wear (serving Gateshead Primary Care Trust, South Tyneside Primary Care Trust and Sunderland Teaching Primary Care Trust) is committed to raising the standard of written information for patients, their carers, people who use the NHS and the general public.

This information can be made available in another format or language on request. If you require further copies of this leaflet please contact St Benedict’s Hospice
Tel: (0191) 569 9192
What is the Out of Hours Palliative Care Team?

The Out of Hours Palliative Care Team are nurses with specialist knowledge and experience in palliative care.

We work closely with your own doctor, district nurse, specialist nurse and St Benedict’s Hospice.

We aim to provide you with advice, support, care and treatment to enable you to be looked after in your own home rather than in hospital.

Our visits to your home may be planned in advance or you can contact us directly if you or your family need our help during the evening or overnight.

What can I expect from the team?

- Management and relief of symptoms such as pain and sickness
- To be cared for by a team with the right skills to look after you
- To be treated as an individual with dignity and respect
- To have your privacy maintained
- Involvement of your family, carers if you wish
- Respect and support for any decision you make
- Provision of information you may need

Contacting us

Unsure who you need?

Please contact the Out of Hours Palliative Care Team first, we can be contacted every evening and night between 5.00pm – 8.30am.

We often resolve problems over the telephone, putting you at ease and relieving any worries you may have. So please don’t hesitate to call:

07798 925128

Improving our services

We are always looking at ways to improve our service to you. If you have any suggestions, no matter how big or small, we would be delighted to hear them.

At some point during our visits we may give you a questionnaire about the service. It would really help us if you would take the time to complete this.