## South Tyneside Sexual Health Services:
### Clinic Timetable from 29 April 2013

<table>
<thead>
<tr>
<th>Day</th>
<th>Morning</th>
<th>Afternoon</th>
<th>Evening</th>
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</thead>
<tbody>
<tr>
<td>Monday</td>
<td>8.30am - 7pm <strong>Stanhope Parade Health Centre</strong> GUM/Contraception drop-in/appointments</td>
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<td>5.30pm - 7.30pm <strong>Palmers Community Hospital</strong> - Young Person’s Clinic Under 25’s Contraception drop-in</td>
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<td>9am - 4pm <strong>Stanhope Parade Health Centre</strong> GUM/Contraception drop-in/appointments</td>
<td>4.30pm - 7.15pm <strong>Cleadon Park Primary Care Centre</strong>, Contraception drop-in</td>
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<td>11.15am - 2.15pm <strong>Consultant clinic appointments</strong></td>
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<td>1pm - 4pm <strong>Cleadon Park Primary Care Centre</strong>, Contraception appointments/Emergency contraception</td>
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<td>Tuesday</td>
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<td>1pm - 3pm <strong>Flagg Court</strong>, Contraception appointments/Emergency contraception</td>
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<td>Thursday</td>
<td>8.30am - 4pm <strong>Stanhope Parade Health Centre</strong>, GUM/Contraception drop-in/appointments</td>
<td>9am - 5pm <strong>Stanhope Parade Health Centre</strong>, Contraception procedure appointments (IUD/S only)</td>
<td>4pm - 5.30pm **Cleadon Park Young Person’s Clinic Under 25’s Contraception drop-in</td>
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<tr>
<td>Friday</td>
<td>9am - 11.30am <strong>Stanhope Parade Health Centre</strong>, Contraception appointments/Emergency Contraception</td>
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If you would like further information about any of our clinics in Gateshead or South Tyneside please call: 0191 283 2525

Providing a range of NHS services in Gateshead, South Tyneside and Sunderland.
South Tyneside Sexual Health Services:

Sexual Health Services are a confidential free service that can offer contraception, testing and treatment for sexually transmitted infections, pregnancy testing and condoms.

**Stanhope Parade Health Centre**
Gordon Street
South Shields
Tyne and Wear
NE33 4JP
- Contraception - pills, injection, implants, IUD/IUS (coils)
- Condoms and lube (including C Card)
- Testing and treatment for sexually transmitted infections (including patients with symptoms)
- Cervical smears
- Health Advisor
- Pregnancy tests/pregnancy options

**Cleadon Park Primary Care Centre**
Prince Edward Road
South Shields
NE34 7QD
- Contraception - pills, injection, implants, IUD/IUS (coils)
- Condom and lube (including C Card)
- Pregnancy tests
- *Under 25’s only on Thursday*

**Palmers Community Hospital**
Wear Street
Jarrow
Tyne and Wear
NE32 3UX
- Contraception – pills, injection, implants
- Condoms and lube (including C Card)
- Pregnancy tests
- Cervical smears
- *Under 25’s on Monday*

**Flagg Court Health Centre**
Flagg Court
South Shields
NE33 2PG
- Contraception – pills, injection, implants
- Condoms and lube (including C Card)
- Pregnancy tests
- Cervical smears

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