Worried about Drugs or Alcohol? Just want to know more?

CALL

0118 901 5666

TEXT

SOURCE followed by your message to 81722

CONTACT

SOURCE, Young Peoples Drug + Alcohol Service
18 Great Knollys Street
Reading  RG1 7HE

EMAIL

SOURCE@reading.gov.uk
Who are we?

SOURCE is a partnership between drug and alcohol workers across Reading and Wokingham. We work together to provide drug and alcohol related support to young people.

Who do we see?

Anyone under 19 years of age (or up to 25 if someone has special needs). The young person who sees a worker doesn’t need to have a drug problem. They may be experimenting and just want information and advice. You don’t have to want to stop using drugs to come and see us.

What we offer?

- Information on the effects of drugs and alcohol.
- One to one sessions with a worker.
- Support to reduce your drug or alcohol use or help to stop using.
- How to reduce the risks from the effects of drug taking.
- Assessment for treatment.
- Referral to other services, e.g. housing, employment services, benefit agencies.
Why contact us?

- You are worried about drugs or alcohol affecting your health.
- You are thinking about, or have decided to stop using drugs or alcohol and would like support.
- Your drug or alcohol use has led to problems with friends, family, school or work.
- You are beginning to get involved in crime as a result of your drug or alcohol use.
- Or maybe there are other reasons.

How do I get to see someone?

- Telephone and speak to a worker.
- Your parents or carer can telephone us for you.
- Ask any professional you are working with, e.g. youth worker, Connexions PA, social worker, teacher, doctor, to contact us.

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Who will be told about my drug or alcohol use?

The worker will ask you about whether they can share what you tell them. Information is only shared on a 'need to know' basis, so, if people don't need to know, they won't.

How much does it cost?

It's free.