We believe that.....
Families should enjoy a safe and secure environment. All family members should live free from fear, with confidence that when there are difficulties in their intimate relationships, services will respond by working with both perpetrator, victim and their children.

We also believe that.....
- Men can change their abusive behaviours
- Abuse in whatever form is never acceptable
- Adults AND children are affected by domestic abuse
- Domestic abuse is a choice

Motivational
Person centred
Respectful
Accepting
Life changing

The South Tyneside Domestic Abuse Perpetrator Programme is a multi agency partnership between statutory and voluntary agencies

To attend the programme you must
- Be 18 years or over
- Agree voluntarily to attend
- Recognise that there is a problem in your relationship with your partner or ex partner

STDAPP in conjunction with Options will offer support to all partners or ex partners of the men attending the Action for Change programme

South Tyneside Domestic Abuse Perpetrators Programme

A programme for men wanting to change their behaviour

(0191) 454 5335
www.stdapp.org.uk
Action For Change

Who is it for?
The programme is for any man who is concerned about his behaviour towards his partner or ex partner and wants to change.

The programme holds central a respectful and challenging stance focussing on the development of new, non abusive behaviours.

What is involved?

- The programme starts with a series of one to one individual sessions which assess whether a person will benefit from the group programme.

- This is followed by an intensive pre group block.

- There will then be 26 group work sessions

Domestic abuse is...

"Any incident of threatening behaviour, violence or abuse (psychological, physical, sexual, financial or emotional) between adults who are or have been intimate partners, regardless of gender."

If you have ever...
Punched, slapped, kicked, choked, threatened, smashed things, forced or pressurized your partner to have sex, sulked or punished her if you did not get sex, tried to control who your partner sees’ or where she goes’, humiliated, constantly criticised, threatened to hurt the children or other family or friends, controlled her money....

....then you have been abusive

Please contact us for help and support - you can change