Now I'm getting bigger I can...
Hello! If you've got a child who, like me, is between 3 and 5, this booklet is for you.

Why? Because it can help you keep me safe now I'm growing up and can do lots more things.

It shows you some of the ways I could get hurt in an accident.

And it shows you how to make sure that I don't.
The accidents I've chosen are the ones most likely to happen now that:

I love to run and climb and make up games

I want to copy things you do

I can get into things I couldn't before

I love to go out and about

I could die in a fire

SAMPLE

Turn over to find out more...
I'm starting to grow up now...

- You can start teaching me about safety
- But I can easily forget if I'm playing and having fun
- So it's best to keep an eye on me.

Look out for me getting into danger!

SAMPLE
Every week lots of children like me have to stay in hospital because we've been badly hurt in accidents.
There are lots of easy ways to keep me safe.

- I know you're very busy
- And I know you may worry that stopping accidents takes a lot of time and energy

So I'm making it as quick and easy as I can...
Look at a page with a sad face. Sad faces show you how children like me can get hurt.

Now look at a page with a happy face. That's how to keep me safe.
I love to run and climb and make up games.

- Which means I can fall and be seriously hurt
- I can choke if I don't sit still to eat.

Teach me what's safe and what's not but keep an eye on me too!
I can have a nasty fall on the stairs if I run, jump or don't hold on.
Teach me to hold on when I’m on the stairs and not to play there.