If you have a new baby, ask for our booklet called I'm only a baby but...

Now I can crawl
I can...

This publication is not meant as a substitute for advice on particular issues and is written in general terms. If you have any concerns or if you have particular questions you should seek specific advice before taking any action based on the information that this publication contains.
I can help you care for me...

- **Hello!** If you've got a baby like me, this booklet is for you.
- **Why?** Because it's here to help you keep me safe now that I can crawl or stand.
- It tells you about some of the ways I can get hurt in an accident.
- And it tells you how to try and make sure that I don't.

The accidents I've chosen are the ones I'm most likely to get hurt in.

- **Falling**
- **Fire in my home**
- **Burns to my skin**
- **Getting into trouble**
- **Riding in the car**

Turn over to find out more...
Now I can crawl or stand...

- I'm still very little but I'm learning new things every day.
- In fact, I like to surprise you about what I can do.
- But remember! Surprises can end up with me getting hurt in an accident.

Watch out!

- Every year, lots of babies like me are rushed to hospital because we've been hurt in accidents.
You need to keep me safe...

- I know you’re really busy looking after me. And you may be really tired too.
- So I’m making it as quick and easy as I can.
- Look at a page with a sad face. *Sad faces show you how babies like me can get hurt.*
- Now look at a page with a happy face. *That’s how to keep me safe.*
I could get badly hurt if I fall...

Now I can crawl and maybe stand up, I may even be able to climb onto things.

Also, I'm big enough to stand up in my highchair.

And to stand up in my pushchair.

Make sure I don't have a fall...
I could roll off a bed or a table while you’re changing my nappy.

Change my nappy on the floor.
I might try to go up or down the stairs on my own.

Use safety gates at the top and bottom of the stairs.
You might forget to strap me into my highchair.

Use a harness with five straps like the one in the picture when I’m sitting in my highchair.