Happy Talking

I'm a Happy Talker between one and two years

I am using very simple words but I am now talking!
I like to play with words and I am starting to use them to get people's attention
I am Now One Year Old

I am a good communicator

I like to hold ‘nonsense conversation’ in a tuneful way

I point at people and objects and I wave “Bye-Bye”

I learn words more quickly if the TV and radio are off.

I can understand simple instructions like “come to mummy” and may be able to give you some familiar objects that you ask for, e.g. spoon, ball and cup

Hopefully, as the months go by, I should start to say more and more single words like cat, ball, drink, gone, bye-bye and sleep

Ideas for my Parents or Carers

Play peek-a-boo with me

Read simple picture books with me

Sing simple nursery rhymes and songs with me, e.g. “The Wheels on the bus”, “Round and Round the Garden”, “Incey Wincey Spider” and “Bob the Builder”

Dummies stop me talking. Please only give it to me for sleeping if I need it
I am Now Between 18 Months and Two Years Old

We all vary how we speak at this age. Some of us have a few words and some of us have lots.

Mostly, by two years old, we can put words together, e.g. “Daddy gone”, “Where shoe?” “Want drink.”

I am beginning to spend more time playing with my toys.

Adults can join in my play and I like other children to play alongside me.

I also like pretend play such as feeding teddy.

Here Are Some Ideas for my Parents or Carers:

I like a tea set to play with. Also a toy kitchen and a toy bath for a Teddy or Dolly.

I need to be encouraged to pretend play so join in with me on “shopping trips”, cooking and washing up and making cups of tea.

I like grown-ups to sing songs and nursery rhymes and also to read simple books.

Try more activity songs with me like “I’m a little tea pot” and “Head, shoulders, knees and toes.”
If you have any concerns about my development, please speak to my Health Visitor.