“Cooeee, I’ve got something to say!”

Happy Babbling in my first year

Long before I can talk I learn to communicate with people with my eyes, face, body and voice

When I smile, giggle and coo, most people smile back at me
This is my first little two-way conversation
From Birth to Five Months

- I like to hear soft words spoken in a sing song voice
- I love to look at faces and to be touched and held
- I like the sound of voices and smiling faces.
- I like to look and listen to different toys
- I find it easier to hear you if the radio and TV are off
- I like to ‘take turns’ when you talk to me

Ideas for my Parents or Carers

- Smile at me even if I don't smile back
- Talk to me when you feed me, change my nappy or give me a bath
- Give me one or two toys at a time to look at and listen to e.g. mobiles and rattles
I am Now Six Months

- I love making lots of different sounds.
- I have started to copy sounds and like to take turns with you.
- I may sometimes babble and gurgle when I am by myself in my cot.

Here are Some Ideas for my Parents or Carers

- Please join in with me when I am making different sounds.
- Please make sounds with actions e.g. when you pick me up say "Weeeee" or say "Mmmmm" at feeding time.
- I love to have simple songs sung to me such as "See saw Margerie Daw" when splashing in the bath or "Row, Row, Row Your Boat", when I am facing you.
I am Now Nine Months Old

I may have just started to crawl around

I use sounds and body movements deliberately to get what I want

I ask for attention or for an object by shouting, pointing and looking at people

I have just started to ‘double-babble’ e.g. da-da and ma-ma

I am just starting to understand a few words and I know my name

Dummies stop me talking. Please only give it to me for sleeping if I need it

Here are Some Ideas for my Parents or Carers

Play with bubbles with me and see if I watch them and reach out

Show me where you hide a toy and see if I will look for it

I like action songs e.g. help me clap my hands and sing "Pat-a-Cake" or "Round and Round the Garden"

If you have any concerns about my development please speak to my Health Visitor