

"Cooeeee,
I've got something
to say!"









Happy Babbling in my first year




Long before I can talk I learn to communicate with people
with my eyes, face, body and voice

When I smile, giggle and coo, most people smile back at me
This is my first little two-way conversation

From Birth to Five Months

-  I like to hear soft words spoken in a sing song voice
-  I love to look at faces and to be touched and held
-  I like the sound of voices and smiling faces.
-  I like to look and listen to different toys
-  I find it easier to hear you if the radio and TV are off
-  I like to 'take turns' when you talk to me

Ideas for my Parents or Carers

-  Smile at me even if I don't smile back
-  Talk to me when you feed me, change my nappy or give me a bath
-  Give me one or two toys at a time to look at and listen to e.g. mobiles and rattles



I am Now Six Months



I love making lots of different sounds



I have started to copy sounds and like to take turns with you



I may sometimes babble and gurgle when I am by myself in my cot

Here are Some Ideas for my Parents or Carers



Please join in with me when I am making different sounds



Please make sounds with actions e.g. when you pick me up say "Weeeee" or say "Mmmmm" at feeding time



I love to have simple songs sung to me such as "See saw Margerie Daw" when splashing in the bath or "Row, Row, Row Your Boat", when I am facing you



I am Now Nine Months Old



I may have just started to crawl around



I use sounds and body movements deliberately to get what I want



I ask for attention or for an object by shouting, pointing and looking at people



I have just started to 'double-babble' e.g. da-da and ma-ma



I am just starting to understand a few words and I know my name



Dummies stop me talking. Please only give it to me for sleeping if I need it



Here are Some Ideas for my Parents or Carers



Play with bubbles with me and see if I watch them and reach out



Show me where you hide a toy and see if I will look for it



I like action songs e.g. help me clap my hands and sing "Pat-a-Cake" or "Round and Round the Garden"



If you have any concerns about my development please speak to my Health Visitor

