Get the jab — Get flu safe

"Flu can be a serious illness... are you more at risk?"

To book your jab, contact your GP today.
The facts about flu...

The flu is more than just a cold - it can be really serious. Get protected with a free flu jab if you are:

- Over 65
- Pregnant
- Living with a condition such as severe asthma, diabetes, chronic liver or kidney disease, a heart or chest complaint, lowered immunity, or neurological disease.

Getting a flu jab is quick, safe and free - and it protects you and those around you all winter.

To book your jab, contact your GP today.

www.nhs.uk/flu