EVERY BREATH YOU TAKE
EVERY MOVE YOU MAKE
I’LL BE WATCHING YOU.

COPD is a disease where your lungs are destroyed.
Breathlessness is an early sign.
Nearly all COPD is caused by smoking.
So quit now.
Call the NHS Smokefree hotline on 0800 012 1612
Text FRESH and your postcode to 88088
Visit everybreath.tv or speak to your GP.

EVERY CIGARETTE IS DOING YOU DAMAGE