All women need to keep healthy down below.
All women over 25 are invited to come for cervical screening. Having cervical screening is a way of looking for changes down below.

Some of these changes may become cancer. This sort of cancer is called cervical cancer. It can be prevented if the changes are found early enough.
The doctor or nurse will talk to you to help you decide if you need to have cervical screening.

There is a picture book which explains more about cervical screening.
You can decide if you want to have cervical screening. You can come back another day if you are not sure.
A doctor or nurse will take the screening test. You can ask for a woman doctor or nurse.

The test sample is sent away to be looked at carefully.
You will be sent a letter about the results of your screening test.

If everything is OK with the test you don’t need to have another one for at least three years.
You can ask for someone to tell you more about cervical screening.

The pictures and words in this leaflet have been chosen with the help of women with learning difficulties.
More copies of the leaflet can be ordered via the DH Publications Orderline Phone 08701 555455, Email dh@prolog.uk.com.

A picture book called Keeping Healthy Down Below gives more information about cervical screening. A copy can be ordered from:

Book Sales, Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG. Phone: 020 7235 2351, ext.146.
Price £10 including p&p.

An Easy Guide to Cervical Screening:
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2901159 3p 3.5k Dec 14 (DPS)
Produced by Williams Lea for Public Health England
NHS Cancer Screening Programmes is operated by Public Health England