DON’T IGNORE
The signs

Fever? Headache? Vomiting?
Stiff neck?
Rash?
Cold hands & feet?
Sleepy? Confused?
Dislike bright lights?
Pale, blotchy skin?
Limb pain?

Meningitis can kill in hours
It could happen to anyone
It could happen to you!

These are just some of the warning signs. If you are worried for yourself or someone else get medical help immediately. Contact

For more information visit www.meningitis.org or www.meningitis-trust.org