DON'T TAKE RISKS

Play Safe

- Make sure you eat before you drink
- Don't mix drink and drugs
- Keep hydrated with water
- Don't leave your drink unattended OR accept drinks from strangers
- Only use 'safe', licensed taxis
- Stay with your mates & look after each other

PUB WATCH:

Banned from one, banned from all

Anybody causing trouble or found to be involved with illegal or antisocial behaviour will be banned from all pubs, bars and nightclubs in the town centre.
Useful Information

Local Services
T2 – drugs service 01628 683260

National Helplines
Drinkline 0800 9178282
Alcoholics Anonymous 0845 7697555
National Drugs Helpline 0800 776600

Websites
www.howsyourdrink.org.uk
www.talktofrank.com

Drug & Alcohol Action Team
Tel. 01628 796362
Email. DAAT@RBWM.gov.uk

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