For further information please contact:

Minor Injuries Unit
Grindon Lane Primary Care Centre, Grindon Lane
Sunderland, SR3 4DE.
Tel. 0191 525 2305

Minor Injuries Unit
Bunnyhill Primary Care Centre, Hylton Lane
Sunderland, SR5 4BW.
Tel. 0191 519 5828

In association with Trauma & Orthopaedics Department

Displaced wrist fracture
What happens next?
You have broken your wrist and the fracture is displaced, this means the bones are potentially not in a good healing position.

You have been put into a plaster cast which will help to stabilise the fracture (stop it moving), and help to minimise the pain.

You will be seen by an orthopaedic specialist at City Hospitals Sunderland who will decide the best course of treatment. This consultation will take place in Accident and Emergency. Please take the envelope we have given you and report to Accident and Emergency reception.

You should not eat or drink anything until you have been seen by the orthopaedic doctor and a decision on your treatment has been made.

The potential possibilities are:

- Operation needed. This may happen today or tomorrow and you will need to spend some time in hospital, this will be discussed with you by the Orthopaedic team at the hospital

- To prepare you for an operation the nurses in Accident and Emergency will take some blood samples and you may need an ECG (heart tracing)

OR

- No operation needed. Continue in plaster. We will give you the next available fracture clinic appointment which may be the same day or the following day. You will be subsequently followed up in fracture clinic with an Orthopaedic Doctor.

Please refer to your Plaster Care leaflet for further information about your plaster cast.

If you have any questions please ask any member of staff.