What are Guardian Drugs?

Guardian drugs reduce further diabetes complications.

Asprin can reduce heart problems and blood pressure.

ACE-inhibitors reduce heart, eye, and kidney problems.

‘pril’

The names of ACE-inhibitors end in ‘pril’.

Do you know if you are taking any of the guardian drugs?
What are Guardian Drugs?

A guardian drug is given in addition to your medication in order to decrease your risk of further diabetes complications.

ASPIRIN

Diabetes UK recommends aspirin to prevent heart problems in all diabetes patients (older than 30) with any of the following:

Heart attack, angina, high blood pressure, eye problems, blood vessel disease and kidney problems.

Also if: Indo-Asian, obese, high cholesterol, heart disease risk greater than 15%, family history of heart disease, smokers.

ACE INHIBITORS

ACE-inhibitors are drugs that have a special role in preventing diabetes complications. The HOPE study showed that one ACE-inhibitor, ramipril, reduced:

- heart disease
- stroke
- kidney problems
- eye disease

The names of these drugs end in ‘pril’

Do you know if you are taking any of the guardian drugs?