Are you looking for an NHS dentist in Sunderland?

Why you should go to the dentist
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Gateshead Primary Care Trust
South Tyneside Primary Care Trust
Sunderland Teaching Primary Care Trust
Why you should go to the dentist

It is important to go to the dentist regularly for check ups to keep your teeth and gums healthy. By making just a few simple changes to what you eat and drink, stopping smoking, reducing alcohol intake and brushing your teeth the correct way, you can make a big difference to the health of your mouth, gums and teeth.

If you have dentures it is important that you still attend the dentist on a regular basis as dentures, like natural teeth, must be looked after to ensure you maintain good oral health.

What to expect from your dentist

The dentist will:

• Examine your teeth, gums and mouth
• Ask about your general health and any problems you may have had with your teeth
• Advise on how to avoid tooth decay and gum disease
• Give you a treatment plan for any proposed Band 2 or 3 treatment
• Make sure you know how much your NHS and/or private treatment will cost
• Discuss and arrange with you a date for your next appointment

This could be any time between three months and two years.

Your dentist expects you to:

• Give as much notice as possible if you have to cancel or change your appointment. If you miss NHS appointments you will not be asked to pay, but your dentist can decide not to offer you treatment in future
• Ask you if there is something you don’t understand
• Pay your treatment bills promptly
• Try to follow their advice on how to avoid tooth decay and gum disease


What you need to pay

Some people do not have to pay for treatment. If you are not exempt from charges you will be asked to pay one of the following:

**Band 1 course of treatment - £16.50**
This covers an examination, diagnosis (e.g. x-rays), advice on how to prevent future problems and a scale and polish, if needed. If your urgent treatment requires more than one visit you still only pay Band 1 charge £16.50.

**Band 2 course of treatment - £45.60**
This covers everything listed in Band 1 above, plus any further treatment such as fillings, root canal work or if your dentist needs to take out one or more of your teeth.

**Band 3 course of treatment - £198.00**
This covers everything listed in Bands 1 and 2 above, plus crowns, dentures or bridges.

These charges are correct as at April 2010 and are subject to change.
Help with dental costs
You do not have to pay for NHS dental treatment if, when the treatment starts you, are:
• aged under 18
• under 19 and in full-time education
• pregnant or a mother who has had a baby in the previous 12 months
• staying in an NHS hospital and your treatment is carried out by the hospital dentists
• an NHS Hospital Dental Service outpatient (however, you may have to pay for your dentures or bridges)
• included in an award of Income Support, Income-related Employment and Support Allowance, Income-based Jobseeker’s Allowance or Pension Credit Guarantee Credit
• named on, a valid NHS tax credit exemption certificate or you are entitled to an NHS tax credit exemption certificate
• entitled to full help under the NHS Low Income Scheme (i.e. you are named on a valid HC2 certificate)
• entitled to partial help under the NHS Low Income Scheme, and your name is on a valid HC3 certificate, you may not have to pay for all your treatment

You will need form HC1 to claim for full (HC2) or partial (HC3) help with NHS dental costs. These forms are available from your Jobcentre Plus office or by calling 0845 850 1166 or 08701 555 455.

Patient Advice and Liaison Service (PALS)
PALS is able to provide advice with dental queries and to those who are experiencing problems in finding an NHS dentist. Ring freephone 0800 731 2326.
Urgent dental treatment

Urgent treatment during normal surgery hours

If you require urgent treatment and you regularly attend a dental practice please contact the dental practice to request an urgent appointment.

If you require urgent treatment during normal surgery hours and you do not regularly attend a dental practice, please contact PALS freephone 0800 731 2326. They will be able to provide you with a list of dental practices that hold sessions for emergency patients.

Urgent treatment outside normal surgery hours

If you require urgent dental care between 6.30pm-10.30pm on a weekday or between 9.30am-10.30pm on a weekend and bank holidays, please contact your dental practice. They will provide the emergency telephone number via an answer machine message.

If you do not have a regular dentist, please call NHS Direct on 0845 4647 or go to NHS Choices website www.nhs.uk for more information.

When ringing the out of hours service, your condition will be assessed by a dental nurse and, if appropriate, treatment will be offered. You may need to travel for treatment and will be provided with details of the nearest location.
NHS dental practices in your area

Listed below are all of the dental practices in Sunderland who provide NHS dental services. To find out which practices are currently taking on new NHS patients please telephone PALS on 0800 731 2326, NHS Direct on 0845 4647 or go to NHS Choices website www.nhs.uk for more information.

Mr Anderson
Wessington Way Practice
Hylton Park Road
Sunderland
0191 549 8888

Mr Ansari - Ardabili
11 Grange Terrace
Stockton Road
Sunderland
SR2 7DF
0191 567 4570

Mr Ansari - Ardabili
68 Station Avenue North
Fence Houses
Houghton Le Spring
DH4 6HT
0191 385 2622

Mr Brown
The Galleries Health Centre
Washington
NE38 7NQ
0191 417 1264

Mr Bamrah
21 Chiswick Square
Hylton Castle
Sunderland
SR5 3PZ
0191 549 3219

Mr Bedi
14 Front Street
Concord
Washington
NE37 2BA
0191 416 0403

Mr Broughton
41 Windsor Terrace
Grangetown
Sunderland
SR2 9QF
0191 514 1717

Mr Towndrow & Mr Burton
44D The Green
Southwick
Sunderland
SR5 2HY
0191 548 5809

Mr Garvey & Mr Hicks
162 Fulwell Road
Sunderland
SR6 9QS
0191 548 8175

Mr Conlon
2 Front Street
Concord
Washington
NE37 2BN
0191 416 0429
Mrs Doran  
180 Chester Road  
Sunderland  
SR4 7EY  
0191 510 8686

Mrs Doran  
1 Burdon Lane  
Ryhope  
Sunderland  
SR2 0HQ  
0191 521 0608

Mr Gamon  
84 Station Road  
Hetton-le-Hole  
DH5 9JB  
0191 526 2589

Mr Johnstone  
154 Newcastle Road  
Sunderland  
SR5 1NA  
0191 548 4501

Mr Oliver  
27 Durham Road  
East Herrington  
Sunderland  
SR3 3NQ  
0191 528 2340

Mr Tang  
6 Church Street  
Houghton Le Spring  
DH4 4DN  
0191 584 2160

Mr McCarthy  
6 Eden Vilas  
Oxclose Road  
Columbia  
Washington  
NE38 7EJ  
0191 417 7112

Mr Nojib & Mr Nightingale  
217 Chester Road  
Sunderland  
SR4 7TU  
0191 514 2727

Oasis Dental Care Ltd  
495 Hylton Road  
Pennywell  
Sunderland  
SR4 8DR  
0191 534 1167

Mr Quraishi  
1 West Mount  
Chester Road  
Sunderland  
SR4 8PY  
0191 567 2694

Mr Quraishi & Mr Gillespie  
12 Blind Lane  
Silksworth  
Sunderland  
SR3 1AT  
0191 521 0259

continued overleaf
Mr Edwards
11 Peel Street
Sunderland
SR2 8ED
0191 567 2035

Mr Little
2 Grange Terrace
Stockton Road
Sunderland
SR2 7DF
0191 567 3838

Mr Maw
13 Church Street
Houghton Le Spring
DH4 4DN
0191 584 3247

Mr Kilker
54 High Street
Easington Lane
DH5 0JN
0191 526 4905

Mr Kilker
The Rectory
10 Dairy Lane
Houghton le Spring
DH4 5BH
0191 512 1345

Mr Knops
55 Fredrick Street
Sunderland
SR1 1NF
0191 567 3791

Mrs Silver
50 John Street
Sunderland
SR1 1QH
0191 567 2604

Mrs Silver
1 Atkinson Road
Fulwell
Sunderland
SR6 9AR
0191 548 3822

NHS South of Tyne and Wear (serving Gateshead Primary Care Trust, South Tyneside Primary Care Trust and Sunderland Teaching Primary Care Trust) is committed to raising the standard of written information for patients, their carers, people who use the NHS and the general public.

This information can be made available in another format or language on request.
If you require further copies of this leaflet please contact Primary Care Contract Team Tel: 0191 529 7000

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