Are you looking for an NHS dentist in Gateshead?

Why you should go to the dentist
What to expect from your dentist
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NHS dental practices in your area

Gateshead Primary Care Trust
South Tyneside Primary Care Trust
Sunderland Teaching Primary Care Trust
Why you should go to the dentist

It is important to go to the dentist regularly for check ups to keep your teeth and gums healthy. By making just a few simple changes to what you eat and drink, stopping smoking, reducing alcohol intake and brushing your teeth the correct way, you can make a big difference to the health of your mouth, gums and teeth.

If you have dentures it is important that you still attend the dentist on a regular basis as dentures, like natural teeth, must be looked after to ensure you maintain good oral health.

What to expect from your dentist

The dentist will:

• Examine your teeth, gums and mouth
• Ask about your general health and any problems you may have had with your teeth
• Advise on how to avoid tooth decay and gum disease
• Give you a treatment plan for any proposed Band 2 or 3 treatment
• Make sure you know how much your NHS and/or private treatment will cost
• Discuss and arrange with you a date for your next appointment

This could be any time between three months and two years.

Your dentist expects you to:

• Give as much notice as possible if you have to cancel or change your appointment. If you miss NHS appointments you will not be asked to pay, but your dentist can decide not to offer you treatment in future
• Ask you if there is something you don’t understand
• Pay your treatment bills promptly
• Try to follow their advice on how to avoid tooth decay and gum disease
What you need to pay

Some people do not have to pay for treatment. If you are not exempt from charges you will be asked to pay one of the following:

**Band 1 course of treatment - £16.50**
This covers an examination, diagnosis (e.g. x-rays), advice on how to prevent future problems and a scale and polish, if needed. If your urgent treatment requires more than one visit you still only pay Band 1 charge £16.50.

**Band 2 course of treatment - £45.60**
This covers everything listed in Band 1 above, plus any further treatment such as fillings, root canal work or if your dentist needs to take out one or more of your teeth.

**Band 3 course of treatment - £198.00**
This covers everything listed in Bands 1 and 2 above, plus crowns, dentures or bridges.

These charges are correct as at April 2010 and are subject to change.
Help with dental costs

You do not have to pay for NHS dental treatment if, when the treatment starts you, are:

- aged under 18
- under 19 and in full-time education
- pregnant or a mother who has had a baby in the previous 12 months
- staying in an NHS hospital and your treatment is carried out by the hospital dentists
- an NHS Hospital Dental Service outpatient (however, you may have to pay for your dentures or bridges)
- included in an award of Income Support, Income-related Employment and Support Allowance, Income-based Jobseeker's Allowance or Pension Credit Guarantee Credit
- named on, a valid NHS tax credit exemption certificate or you are entitled to an NHS tax credit exemption certificate
- entitled to full help under the NHS Low Income Scheme (i.e. you are named on a valid HC2 certificate)
- entitled to partial help under the NHS Low Income Scheme, and your name is on a valid HC3 certificate, you may not have to pay for all your treatment

You will need form HC1 to claim for full (HC2) or partial (HC3) help with NHS dental costs. These forms are available from your Jobcentre Plus office or by calling 0845 850 1166 or 08701 555 455.

Patient Advice and Liaison Service (PALS)

PALS is able to provide advice with dental queries and to those who are experiencing problems in finding an NHS dentist. Ring freephone 0800 731 2326.
Urgent dental treatment

Urgent treatment during normal surgery hours

If you require urgent treatment and you regularly attend a dental practice please contact the dental practice to request an urgent appointment.

If you require urgent treatment during normal surgery hours and you do not regularly attend a dental practice, please contact PALS freephone 0800 731 2326. They will be able to provide you with a list of dental practices that hold sessions for emergency patients.

Urgent treatment outside normal surgery hours

If you require urgent dental care between 6.30pm-10.30pm on a weekday or between 9.30am-10.30pm on a weekend and bank holidays, please contact your dental practice. They will provide the emergency telephone number via an answer machine message.

If you do not have a regular dentist, please call NHS Direct on 0845 4647 or go to NHS Choices website www.nhs.uk for more information.

When ringing the out of hours service, your condition will be assessed by a dental nurse and, if appropriate, treatment will be offered. You may need to travel for treatment and will be provided with details of the nearest location.
NHS dental practices in your area

Listed below are all of the dental practices in Gateshead who provide NHS dental services. To find out which practices are currently taking on new NHS patients please telephone PALS on 0800 731 2326, NHS Direct on 0845 4647 or go to NHS Choices website www.nhs.uk for more information.

Miss Alpin
5 Beech Grove Terrace
Crawcrook
Ryton
NE40 4LZ
0191 413 1233

Mr Anderson
Greencroft Lodge
Strathmore Road
Rowlands Gill
NE39 1HX
01207 542283

Mr Bamrah
1st Floor
27 Jackson Street
Gateshead
NE8 1EE
0191 490 0818

Mr Benn
8 Team Valley Shopping Village
Team Valley Estate
Gateshead
NE11 0EN
0191 491 5600

Mr Bholah
1 Spoor Street
Dunston
NE11 9BD
0191 460 1101

Mrs Brantingham
Durham Road North
Birtley
DH3 1LE
0191 410 3897

Mrs Canty
13 Longbank Road
Wrekenton
NE9 7HE
0191 487 7667

Mr Crawford
Metro Care Centre
MetroCentre
Gateshead
NE11 9XX
0191 493 2092

Mr Davidson
26 Front Street
Whickham
NE16 4DT
0191 488 7826
Miss Davidson  
566a Durham Road  
Low Fell  
NE9 6HX  
0191 487 6716

Mr Garfitt  
1 Musgrove Terrace  
Pelaw  
NE10 0RH  
0191 469 3335

Mr Haigh  
Dunsop House  
Lucy Street  
Blaydon  
NE21 5PU  
0191 414 3186

Mr Aggarwal  
10 Sun Street  
Sunniside  
NE16 5LR  
0191 488 0244

Mr Aggarwal  
24 Saltwell Road  
Gateshead  
NE8 4XE  
0191 477 1981

Mr Liversidge  
13 Longbank Road  
Wrekenton  
NE9 7HE  
0191 487 7667

Mr Lalli  
3 The Crescent  
Dunston  
NE11 9SJ  
0191 460 4182

Mr Rivers  
443 Lobley Hill Road  
Lobley Hill  
Gateshead  
NE11 0BT  
0191 460 4604

Mr Nana  
16 The Garth  
Winlaton  
NE21 6DD  
0191 414 2982

Mr Nightingale  
4 Neale Terrace  
Birtley  
DH3 1LR  
0191 410 2453

Mr Pabary  
265 Kells Lane  
Gateshead  
NE9 6UE  
0191 420 1620

Mr Pabary  
294 Old Durham Road  
Deckham  
Gateshead  
0191 477 3091

continued overleaf
Mr Pabary
2a Fewster Square
Leam Lane Estate
Felling
NE10 8XQ
0191 469 2514

Miss Rawcliffe & Miss Robson
323 Durham Road
Low Fell
NE9 5AH
0191 491 0660

Mr Robson
1 Park View
Sunderland Road
Felling
NE10 9ND
0191 469 2228

Mr Somal
44a Front Street
Whickham
NE16 4DT
0191 420 0111

Mr Stobbs
29 Dean Terrace
Ryton
NE40 3HQ
0191 413 5490

Mrs Smith
15 Regent Terrace
Gateshead
NE8 1LU
0191 477 2007

Mr Waugh
160 Dryden Road
Low Fell
NE9 5BY
0191 477 7772

NHS South of Tyne and Wear (serving Gateshead Primary Care Trust, South Tyneside Primary Care Trust and Sunderland Teaching Primary Care Trust) is committed to raising the standard of written information for patients, their carers, people who use the NHS and the general public.

This information can be made available in another format or language on request.
If you require further copies of this leaflet please contact Primary Care Contract Team Tel: 0191 529 7000

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Working together to make
South of Tyne and Wear healthy for you