How you as a parent/carer can help your child

- By being an active partner in your child’s care, working together with us
- By undertaking an active role within the implementation of any programmes
- By keeping appointments wherever possible or notifying us if there is a need to change

For enquiries:

**Gateshead**
Clinical Nurse Lead
Kingfisher House
Kingsway
Team Valley Trading Estate
Gateshead
NE11 0JQ
Tel: 0191 4456720

**South Tyneside**
Clinical Nurse Lead
Jarrow Town hall
Grange Road
Jarrow
Tyne and Wear
NE32 3LE
Tel: 0191 424 4459

NHS South of Tyne and Wear (serving Gateshead Primary Care Trust, South Tyneside Primary Care Trust and Sunderland Teaching Primary Care Trust) is committed to raising the standard of written information for patients, their carers, people who use the NHS and the general public.

This information can be made available in another format or language on request. Please contact the Communications and PR Team Tel: 0191 529 7118 Email: mopil@sotw.nhs.uk
Who we are:
There are two Community Nursing Learning Disability Services for children and young people within Gateshead and South Tyneside Primary Care Trusts (PCT).

The Teams consists of:
- Clinical Nurse Lead
- Community Nurses
- Community Support Workers

How do I get a referral for my child to this service?
As a parent you can make a direct referral to the service or ask a professional involved in your child's care to do this for you.

All referrals for the Children's Community Nursing Learning Disability Service can be made via the Duty Teams who are based at:

**Gateshead**
Kingfisher House
Kingsway
Team Valley Trading Estate
Gateshead
NE11 OJQ
Tel: 0191 445 6720

**South Tyneside**
Laygate Centre
38 Laygate Place
South Shields
NE33 5RT
Tel: 0191 456 4473

Gateshead Community Nursing Learning Disability Services accept referrals for children and young people aged 5-18 years.

South Tyneside Community Nursing Learning Disability Services accept referrals for children and young people aged 0-18 years.

What you can expect following a referral to our service
- You will be contacted within seven working days and all appropriate referrals will be allocated
- A comprehensive assessment will be undertaken and a planned programme of work will be developed
- If referrals to other professionals are considered necessary these will be discussed with parent/carer
- Programmes will be reviewed and evaluated regularly throughout input
- On discharge a summary of work will be discussed with parent/carer/client

What we can offer
- Assessment of your child’s healthcare needs
- Liaison with other professionals
- Delivery of healthcare
- Continence promotion
- Health promotion
- Advice and support around challenging behaviour
  Autism and ADHD
- Monitoring of healthcare i.e. epilepsy, medication
- Sex Relationships Education (SRE)
- Listening, advice and support
- We provide placements for students
- Education and specialist information sharing
- Individual and group work
- Mental Health and Emotional Wellbeing