If you are unwell or are injured

a range of NHS services exist to help you get well.
Choosing the right one will ensure you receive the best possible treatment.

999 Emergency Department (A & E)

NHS Walk in Centre
NHS Minor Injuries Unit

GP Surgery

Pharmacist

NHS Direct

Self-care

Choose well.
www.nhs.uk

Berkshire West


Minor Injuries Unit, West Berkshire Community Hospital, Thatcham - open 8am - 10pm every day open 10am - 6pm Christmas day.

NHS Walk in Centre, Broad Street Shopping Mall, Reading - open 8am - 8pm every day.


If you need to contact a GP out of hours, telephone 01189 787811.


Your local pharmacist can help with everyday ailments and many have a private consultation room.


Tel: 0845 4647* www.nhsdirect.nhs.uk Freeview channel 100


Don't forget to keep your first-aid kit well stocked - ask your pharmacist for advice or pick up our handy check list.

* calls to NHS Direct cost a maximum of 5 pence per minute from a BT landline. Calls from mobiles and other networks may vary.