Choose well.

www.nhs.uk

NHS Berkshire East

Dr.
Tel:
Accident & Emergency (A & E)
- Choking
- Chest pain
- Suspected stroke
- Blacking out
- Blood loss

Walk-in Health Centre
- Cuts
- Sprains
- Rashes
- Minor fractures

Minor Injuries Unit
- Feverish children
- Vomiting
- Ear pain
- Feeling ill

Urgent Care Centre
- Diarrhoea
- Minor infections
- Headache
- Bites and stings

GP Surgery
- Unwell
- Unsure
- Confused
- Need help?

Pharmacist
- Hangover
- Grazed knee
- Sore throat
- Cough

NHS Direct
- Top up your first aid kit

Walk-in Health Centre, Slough: Tel: 01753 635505
Minor Injuries Unit, Ascot: Tel: 01344 877805
Urgent Care Centre, Maidenhead: Tel: 03000 24 2000

If your surgery is closed, you can call the Out of Hours Service on 0118 936 5390 and get advice or a doctor may arrange to see you.

Pharmacists are trained how to treat minor illness and how to tell a minor ailment from something that might be more serious.

Tel: 0845 4647
www.nhsdirect.nhs.uk