FRANK cannabis stories
hash, bhang, blow, blunts, dope.....

Some people seem to think they know a lot about cannabis. Sure, it can get you high, but what people often forget is that, just like other drugs, there are risks.

For friendly, confidential advice and information, you can call FRANK on 0800 77 66 00 24 hours a day. Calls are free from landlines and some mobiles. Or go to talktofrank.com
Cannabis can be harmful and it’s illegal. If you get caught with it, you could be arrested.

Want to hear other people’s cannabis stories? Read on....
“Me and Jo tried some skunk the other night. I had no idea it was so strong! I got proper paranoid. Jo went white and couldn't speak for ages.” Leah, 16
Cannabis comes in different forms: resin (hash), herbal (marijuana) and oil. Other herbal kinds include sinsemilla and skunk – these are particularly strong, and they’re much stronger now.
Cannabis resin (hash or hashish) is a brown/black substance that is scraped from the cannabis plant and pressed into lumps.

Herbal cannabis (marijuana, grass and weed) is the dried leaves and flowering tops of the cannabis plant. It looks like tightly packed dried garden herbs.
Skunk (a form of herbal cannabis) is produced using special breeding techniques. It has a really strong effect and smell, hence its name.