For referrals or enquiries to these services:

For people who live in Gateshead contact:-

Clinical Nurse Lead
Kingfisher House
Kingsway
Team Valley Trading Estate
Gateshead
NE11 0JQ
Tel: 0191 4456720

For people who live in South Tyneside contact:-

Duty Nurse or
Clinical Nurse Lead
Monkton Hall
Monkton Village
Jarrow
Tyne and Wear
NE32 5NN
Tel: 0191 4516294

NHS South of Tyne and Wear (serving Gateshead Primary Care Trust, South Tyneside Primary Care Trust and Sunderland Teaching Primary Care Trust) is committed to raising the standard of written information for patients, their carers, people who use the NHS and the general public.

This information can be made available in another format or language on request. Please contact the Communications and PR Team Tel: 0191 529 7118 Email: mopil@sotw.nhs.uk
Who we are

There are two Community Learning Disabilities Nursing Services for adults within Gateshead and South Tyneside Primary Care Trusts (PCTs).

Each team consists of:
- Clinical Nurse Lead
- Community Nurses
- Community Support Workers

What we can offer

- Assessment of healthcare needs
- Health Action Plans
- Risk assessment
- Continence promotion
- Promotion of good health
- Assessment followed by advice and support around management of challenging behaviour, including anger management
- Assessment and support with mental health, including dementia
- Independence and social skills development
- Development of personal relationships and promotion of sexual health
- Assessment, advice and support to parents with learning disabilities
- Loss and bereavement work
- Self esteem and confidence building

How to make an enquiry or a referral to this service?

Anyone can make a referral, such as professionals, carers or people with learning disabilities themselves. All referrals or enquiries can be made directly to the teams. Contact details are on the back of this leaflet.

Community Learning Disability Nursing Services accept referrals for adults who have learning disabilities and are over the age of 18 years.

What can be expected following a referral to our service

- Where the referral is appropriate, both the individual and referrer will be contacted within five working days of our weekly allocation meeting. In Gateshead this is every Tuesday and in South Tyneside they are held on Fridays
- An initial assessment will be undertaken and a planned programme of work will be developed
- Specific assessments may also be required at this point, e.g. continence, mental health or behavioural
- If referrals to other professionals are considered necessary, e.g. physiotherapy or occupational therapy, these will be discussed with the individual and/or their carer where appropriate
- Care plans will be reviewed and evaluated regularly. The individual will receive a copy of the care plan
- On discharge, a summary of work will be discussed with the individual and/or carer as appropriate. A written copy of this can be requested