Are your children safe in the kitchen?

Every day 10 small children under the age of 5 are severely burnt or scalded in the home

Too hot to handle

Department of Trade and Industry

Government consumer safety campaign
Keep the handles of pots and pans turned away from the edges of cookers and work surfaces.

Teach toddlers not to play in the kitchen or bathroom. Check for toys you might trip over.

Always check the temperature of the water before bathing children. When filling a bath, run the cold tap first.

Try and keep toddlers occupied out of harm's way when you are cooking.

Always keep hot drinks out of reach.

Bath water should not be more than 45°C

If someone gets burnt or scalded, keep the affected area under cold water for as long as possible (at least 10 minutes).

Don't remove anything sticking to the injury. Cover it with sterile, non-fluffy material; cling film is ideal. Remove jewellery.

For an adult with a burn larger than the palm of their hand, or for any size burn on a child, you should seek medical attention.