Bunny Hill Primary Care Centre
Hylton Lane
Downhill
Sunderland
SR5 4BW
Tel. 0191 519 5800

Grindon Lane Primary Care Centre
Grindon Lane
Grindon
Sunderland
SR3 4DE
Tel. 0191 525 2300

Public Transport:
- The no 56 and no 13 buses from Park Lane Interchange stop near Bunny Hill Primary Care Centre.
- The no 16 bus from Park Lane Interchange and the no 18/19 from the city centre stop near Grindon Lane Primary Care Centre.

Travel Enquiries 0871 200 2233

This information can be made available in other formats or languages on request.

Working together to make South of Tyne and Wear healthy for you
There are Minor Injuries and Illness Units (MIIUs) at Bunny Hill Primary Care Centre and Grindon Lane Primary Care Centre. MIIUs are nurse led services providing health advice and treatment for minor injuries and illnesses.

No appointment is necessary and Minor Injuries and Illness Units are open every day. Bunny Hill MIIU is open 8.00am - 8.15pm and Grindon Lane MIIU is open 24 hours a day.

Patients do not need to be registered with a GP or live in the Sunderland area to use MIIUs.

The nursing teams at the Units can also offer advice and information on other local health services.

X-ray facilities are available 8.30am - 8.00pm every day at both locations.

MIIUs provide treatment for minor injuries and illnesses such as:

- Sprains and strains
- Broken bones – arms and lower leg
- Minor cuts and bruises
- Minor burns and scalds
- Minor eye conditions and infections
- Urine problems
- Skin rashes
- Ear and throat infections
- Stomach upsets
- Bites and stings

The Units can also provide emergency contraception.

Usually, all your treatment will be carried out at the MIIU at the time of your visit. However, you may be required to return to the Unit for further treatment, for example, to change a dressing on a wound.

If your condition is more serious we will arrange for you to attend the A & E department or be admitted to hospital if required.

**Minor Injuries and Illness Units are unable to help with:**

- Chest pain
- Overdose of drugs or accidental drinking of chemicals
- Dental abscesses
- Ear syringing/irrigation
- Doctors’ certificates
- Repeat prescriptions

**Children under two**

These MIIUs are unable to treat children under two years old. However, treatment is available at Washington Primary Care Centre, Park Way, Washington, NE38 7QZ, tel: 0191 502 7569. Alternatively, patients are advised to make an appointment with their GP.

In the case of an emergency, please visit your local Accident & Emergency department (A & E).

**Choose well**

If you are injured or become unwell, make sure you choose the right NHS service.

Choosing well ensures that you receive the best possible treatment, leaving emergency services for those who need them most.