Location:
The Blaydon Minor Injury and Illness Unit is on Shibdon Road, Blaydon. The Unit is easily accessible by foot and public transport.

Public Transport:
Bus Numbers that stop near the Centre.

Go North East;
45, 46, 47, 48, 49, 49a, 69, 69a

Arriva;
602

For further details ring Travel Enquiries Tel: 0871 200 2233

Blaydon Minor Injury and Illness Unit
Shibdon Road
Blaydon
Tyne and Wear
NE21 5NW
Tel: 0191 443 6302

Opening times:
No appointment is necessary and the Centre is open 8.00am to 8.00pm every day of the year.

NHS South of Tyne and Wear (serving Gateshead Primary Care Trust, South Tyneside Primary Care Trust and Sunderland Teaching Primary Care Trust) is committed to raising the standard of written information for patients, their carers, people who use the NHS and the general public.

For further copies of this leaflet please Tel: 0191 443 6302

This information can be made available in another format or language on request. Please contact the Communications and PR Team Tel: 0191 529 7118 Email: mopol@lotw.nhs.uk
A Minor Injury and Illness Unit (MIIU) provides treatment for less serious injuries and illnesses, such as cuts, strains, and sprains. Many people would go to Accident and Emergency (A&E) with these minor injuries, however, they are much likely to be treated much more quickly at an MIIU.

At the Blaydon Minor Injury and Illness Unit we have a team of highly qualified GPs and nurse practitioners who have experience and expertise in treating minor injuries and illnesses, providing health advice and treatment for patients of all age groups.

Our aim is to provide the highest quality of care for our patients by giving a prompt and efficient service by promoting health and increase public awareness in the prevention of accidents.

The benefit of visiting an MIIU is that no appointment is necessary. The Unit is open from 8am until 8pm every day of the year so you do not have to wait for your own GP to open to receive medical care.

Blaydon Minor Injury and Illness Unit will provide treatment for minor injuries and illnesses which include:
- Stomach upsets
- Coughs, colds and flu like symptoms
- Cuts and bruises
- Minor scalds and burns
- Bites and stings
- Minor eye conditions and infections
- Minor skin infections and rashes
- Ear and throat infections
- Emergency contraception

Usually all your treatment will be carried out at the unit at the time of your visit. However you may be required to attend your GP Surgery for further treatment, for example, to change a dressing on a wound.

If your condition is more serious we will arrange for you to attend the Accident & Emergency Department or be admitted to hospital if required.

Blaydon Minor Injury and Illness Unit is unable to help with:
- Chest pain
- Overdose of drugs or accidental drinking of chemicals
- Dental abscesses
- Ear syringing
- Doctor's sicknotes
- Repeat prescriptions