As I grow and change I can...
I'm learning to do new things every day.

- I often surprise you with what I can do.
- I sometimes seem naughty when I'm just trying new things.
- But I don't understand about danger, so I can be badly hurt in an accident.
Every day, lots of children like me are rushed to hospital because we've been hurt in accidents.
This booklet explains how I'm growing and changing all the time.

...And how I can get hurt as I learn to do new things.
So you can keep me safe from accidents. Before they happen!
Find out what new things I can do and the accidents I may have, when I'm...

SAMPLE

a baby

toddler
SAMPLE

going 'bigger'
How to use this book.

Step 1: Look at the green pages. These show what I may do next.
Step 2: Look at the page with the sad face. See why these new things can lead to accidents.

Step 3: Look at the page with the happy face. See how you can keep me safe.
Because I’m a growing baby...

I like to reach out and grab things.